

Brent Wellbeing Games

18th July 2021



Community Action on Dementia Brent and Silver Jubilee Park invite you and your family to the first ever Wellbeing Games where fun is the order of the day.

Date: *Sunday 18th July 2021*

Time: *10am—1pm*

Venue: *Hendon Football club ground, Silver Jubilee Park, Townsend Lane, London NW9 7NE*

Enjoy taking part in our fun team activities such as the egg and spoon race and bean bag balance. Try your luck in our raffle and enjoy a chat over a cup of tea and some delicious cake. Activities, fun and laughter will be the order of the day for the whole family! This is a community event and children and adults alike are welcome.



Teams will compete for the wellbeing cup.



For further information and to take part please contact: _____

